



# Promoting Resiliency through Emotional Literacy

## PEER LEARNING COMMUNITY (PLC) FOR **TEACHERS**

Join us, the Pyramid Model Consortium and Massachusetts Pyramid Model Coaches, in a **new 4-part Peer Learning Community** as we examine how to turn current challenges into opportunities to support the social and emotional wellness of children, families and staff. These PLCs are sponsored by the MA Department of Early Education and Care.

### Learning Objectives

#### Participants will:

- Identify and discuss strategies to promote emotional literacy and the link between emotional literacy and self regulation skills at the program level, classroom level, and with families.
- Discuss program-wide and classroom practices that will serve to intentionally support and deepen the understanding of how emotional literacy skills can support self regulation of young children and support adult and peer relationships while building resiliency.
- Deepen awareness of practical strategies for the promotion of emotional literacy and how those strategies can be used in response to challenging behaviors.
- Reflect and build upon how to use emotional literacy tools, resources, and materials or others like them in the classroom.
- Become familiar with the Plan Do Study Act (PDSA) cycle and utilize it for action planning. Participants will reflect on how they can incorporate strategies or new information learned in this PLC into their practice as well as how they can share this information with program staff and support their implementation of practices, materials, etc.

### PLC Series Schedule- Please Register for Only One Series

Fridays: 3/5, 3/12, 3/19, and 3/26 from 12:30 pm to 2:00 pm

<https://www.eventbrite.com/e/141461377789>

Mondays: 3/8, 3/15, 3/22, and 3/29 from 12:30 pm to 2:00 pm

<https://www.eventbrite.com/e/141462408873>

Wednesdays: 3/10, 3/17, 3/24, and 3/31 from 12:30 pm to 2:00 pm

<https://www.eventbrite.com/e/141462856211>

Thursdays: 3/11, 3/18, 3/25, and 4/1 from 1:00 pm to 2:30 pm

<https://www.eventbrite.com/e/141463504149>

Saturdays: 3/13, 3/20, 3/27, and 4/3 from 9:00 am to 10:30 am

<https://www.eventbrite.com/e/141464142057>



**THE  
PYRAMID MODEL  
CONSORTIUM**

Supporting Early Childhood PBIS



**MASSACHUSETTS  
Department of  
Early Education and Care**